

Jordanstown campus



EASTER, SUMMER & HALLOWEEN 2011
JUNIOR ELKS
 Camp Programme

MEDICAL DETAILS (Please complete as appropriate)

Doctor's Name: Dr: _____ Telephone: _____

Has your child had a tetanus injection in the last 10 years? Yes / No

In your child's interest it is important that we know whether s/he suffers from any illness or medical condition. Please use the following space to state, in confidence, any health or other matters concerning your child about which we should be aware e.g. allergies. Please also indicate if your child is receiving any medication, with details and dosage and any specific dietary requirements.

JUNIOR ELKS Marketing

Please tell us how / where you heard about the JUNIOR ELKS programme:

Direct Mail Local Press
 Friend / Family Member University Web Site

Other (Please specify) _____

May we contact you about other JUNIOR ELKS activities and events by mail or email?

Yes No

Completed application forms should be returned with the appropriate payment to:

Sports Development Manager
 University of Ulster, Sports Centre, Jordanstown campus
 Shore Road, Newtownabbey
 BT37 0QB

Tel: (028) 9036 6049
 Email: sport@ulster.ac.uk and quote: 'Junior Elks Camps 2011 Jordanstown'.

Official Office Use Only:

Amount Paid _____ Receipt No. _____ Date _____

TENNIS CLUB CAMPS 2011

SUMMER

| CODE | CAMP | AGE | TIME | VENUE | DATE | COST | JUNIOR ELKS MEMBERS |
|------|----------------|--------|---------------|---------------|-------------------|--|---------------------|
| JT1 | Multi Sports | 5 – 14 | 14:00 - 17:00 | Tennis Courts | 4 July - 8 July | £48 1 st Child, £40 2 nd Child + | N/A |
| JT2 | Totally Tennis | 5 – 14 | 09:30 - 12:30 | Tennis Courts | 25 July - 29 July | £48 1 st Child, £40 2 nd Child + | N/A |
| JT3 | Totally Tennis | 5 – 14 | 09:30 - 12:30 | Tennis Courts | 1 Aug - 5 Aug | £48 1 st Child, £40 2 nd Child + | N/A |
| JT4 | Totally Tennis | 5 – 14 | 09:30 - 12:30 | Tennis Courts | 8 Aug - 12 Aug | £48 1 st Child, £40 2 nd Child + | N/A |
| JT5 | Multi Sports | 5 – 14 | 14:00 - 17:00 | Tennis Courts | 15 Aug - 19 Aug | £48 1 st Child, £40 2 nd Child + | N/A |
| JT6 | Totally Tennis | 5 – 14 | 14:00 - 17:00 | Tennis Courts | 22 Aug - 26 Aug | £48 1 st Child, £40 2 nd Child + | N/A |

Jordanstown
campus



University of Ulster Sports Facilities
 OPEN TO THE PUBLIC
www.sportsulster.com

University of Ulster Sports Facilities
 OPEN TO THE PUBLIC
www.sportsulster.com



BE ACTIVE ■ BE INVOLVED ■ BE OUTSTANDING



Jordanstown campus

JUNIOR ELKS CAMPS 2011

Welcome to the University of Ulster JUNIOR ELKS Camp programme for 2011 at the Jordanstown campus. The programme includes Camps that will be held during the Easter, summer and Halloween holiday periods. There are a wide range of activities to choose from so we hope you will find something to enjoy and benefit from. Each Camp will be planned and delivered by appropriately qualified coaches to ensure a top quality experience for all involved.

To make things easier and better value for you, we are operating a price reduction for the second or any additional children applying. This applies for family members or friends, providing the applications are received together. It is important to make sure that one form is completed for each child to ensure that we have the relevant medical and emergency contact details. If you need more application forms please just contact Sports Centre Reception or go online to the home page at www.sportsulster.com where you will be able to access a printable PDF version of this brochure. This web site will also give details of the Camp programme on our Coleraine and Magee campuses should you be planning to be in those areas over the holidays.

N.B. Current members of the Junior Elks Programme are entitled to 10% off the cost of their JUNIOR ELKS Camp fees so please complete your Application Form accordingly.

All Camps are open to boys and girls. Each participant will receive JUNIOR ELKS Camp goodies and a certificate of attendance. Confirmation of your place on the course and further details will be sent to participants on receipt of applications and appropriate fees. All courses will be filled on a first come first served basis so please apply early to avoid disappointment.

This year we are piloting a new Camp on the Jordanstown campus – Sainsbury's TOP Activity. Sainsbury's TOP Activity is an exciting, innovative programme of 'alternative' sport and physical activities. Developed through the Youth Sport Trust, Sainsbury's TOP Activity seeks to engage boys and girls aged 7 – 11 years who do not normally participate in sporting or physical activity. The Camp will offer to them the opportunity to take part in games and non traditional sports type activities grouped under four Xciting themes:

- Xpress Yourself e.g. dance, jive, salsa, cheerleading and martial fitness
- Xercise Highs e.g. skipping, hula, oppy relays, wake 'n' shake and circuits.
- Xtra Time e.g. small-sided games, relays, ball games, Frisbee and running activities.
- Xtreme Challenges e.g. circus moves, limbo, tri-golf, rock-it-ball, co-operative games and team challenges.

So if sport usually turns off rather than turns on your youngsters maybe TOP Activity is the Camp for them.

The courses detailed on the back page of the brochure are being run by Jordanstown Tennis Club. Whilst application to these courses may be made using the attached Application Form, participants will not receive Junior Elks goodies as part of the Camp fee. Also the Junior Elks discount does not apply to these courses.

We hope your children will enjoy their Elks Camp experience and we look forward to seeing you soon.

Jordanstown campus

JUNIOR ELKS CAMPS 2011

EASTER

| CODE | CAMP | AGE | TIME | VENUE | DATE | COST | JUNIOR ELKS MEMBERS |
|------|--------------------------|--------|---------------|-------------------|-----------------|--|---|
| EJ1 | Multi Skills | 5 – 11 | 10:00 - 15:00 | Sports Hall | 20 Apr - 22 Apr | £40 1 st Child, £35 2 nd Child + | £36 1 st Child, £31.50 2 nd Child + |
| EJ2 | Hockey | 7 – 15 | 10:00 - 15:00 | Water Based Pitch | 20 Apr - 22 Apr | £40 1 st Child, £35 2 nd Child + | £36 1 st Child, £31.50 2 nd Child + |
| EJ3 | Startrack Athletics | 8 – 15 | 10:00 - 15:00 | Athletics Area | 20 Apr - 22 Apr | £40 1 st Child, £35 2 nd Child + | £36 1 st Child, £31.50 2 nd Child + |
| EJ4 | Sainsbury's TOP Activity | 7 – 11 | 10:00 - 15:00 | Sports Hall | 20 Apr - 22 Apr | £40 1 st Child, £35 2 nd Child + | £36 1 st Child, £31.50 2 nd Child + |

SUMMER

| CODE | CAMP | AGE | TIME | VENUE | DATE | COST | JUNIOR ELKS MEMBERS |
|------|----------------------------|--------|---------------|-------------------------|-------------------|--|---|
| SJ1 | Startrack Athletics | 8 – 15 | 10:00 - 15:00 | Athletics Area | 6 July - 8 July | £40 1 st Child, £35 2 nd Child + | £36 1 st Child, £31.50 2 nd Child + |
| SJ2 | Gymnastics & Trampoline | 5 – 10 | 10:00 - 15:00 | Gymnasium & Sports Hall | 18 July - 22 July | £65 1 st Child, £60 2 nd Child + | £58.50 1 st Child, £54 2 nd Child + |
| SJ3 | Hockey | 7 - 15 | 10:00 - 15:00 | Water Based Pitch | 25 July - 29 July | £65 1 st Child, £60 2 nd Child + | £58.50 1 st Child, £54 2 nd Child + |
| SJ4 | Sainsbury's TOP Activity | 7 – 11 | 10:00 - 15:00 | Sports Hall | 27 July - 29 July | £40 1 st Child, £35 2 nd Child + | £36 1 st Child, £31.50 2 nd Child + |
| SJ5 | Multi Skills & Multi Sport | 5 - 11 | 10:00 - 15:00 | Various | 1 Aug - 5 Aug | £65 1 st Child, £60 2 nd Child + | £58.50 1 st Child, £54 2 nd Child + |
| SJ6 | Hockey | 7 - 15 | 10:00 - 15:00 | Water Based Pitch | 8 Aug - 12 Aug | £65 1 st Child, £60 2 nd Child + | £58.50 1 st Child, £54 2 nd Child + |
| SJ7 | Gymnastics & Trampoline | 5 - 10 | 10:00 - 15:00 | Gymnasium & Sports Hall | 8 Aug - 12 Aug | £65 1 st Child, £60 2 nd Child + | £58.50 1 st Child, £54 2 nd Child + |

HALLOWEEN

| CODE | CAMP | AGE | TIME | VENUE | DATE | COST | JUNIOR ELKS MEMBERS |
|------|--------------|--------|---------------|-------------|----------------|--|---|
| HJ1 | Multi Sports | 5 – 11 | 10:00 - 15:00 | Sports Hall | 31 Oct - 1 Nov | £30 1 st Child, £25 2 nd Child + | £27 1 st Child, £22.50 2 nd Child + |

Application Form for JUNIOR ELKS Camps

Please complete as appropriate using one form per child.

_____ (child's name) would like to attend the following JUNIOR ELKS Camps;

S/he is a JUNIOR ELKS Member Yes No

| Camp Reference Number | Price | Junior Elks at 10% off | 1 st Child | 2 nd + Child |
|-----------------------|---------|------------------------|--------------------------|--------------------------|
| _____ | £ _____ | £ _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| _____ | £ _____ | £ _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| _____ | £ _____ | £ _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| Total | £ _____ | £ _____ | | |

JUNIOR ELKS Camps are open to boys and girls. All Camps will be filled on a first come first served basis so apply early to avoid disappointment.

Parent/Guardian: _____

Home Address: _____

_____ Post Code: _____

Email: _____

Home Tel: _____ Mobile: _____

School: _____

Date Of Birth: _____ Age: _____

Please give the names & contact telephone numbers of two people who may be contacted in case of an emergency:

Name: _____ Name: _____

Tel No: _____ (H) Tel No: _____ (H)

Tel No: _____ (M) Tel No: _____ (M)

I give permission for _____ (**insert name**) to take part in the JUNIOR ELKS Camps identified above. I know of no reason, medical or otherwise why s/he should not undertake the sports and activities involved. I have completed the medical details below and consent that in the event of any illness/accident, any necessary treatment can be administered to my child, which may include the use of anaesthetics. I understand that every possible effort will be made to contact me first. I also understand that while coaches and staff will take every precaution to ensure that accidents do not happen, they cannot necessarily be held responsible for any loss, damage or injury suffered by my child.

I am willing to let my child participate in any official media coverage required.

I am willing to let my child's name and date of birth be forwarded to Sport NI as part of their Active Communities Programme monitoring participation in sport.

I have enclosed £ _____ to cover the cost of the selected JUNIOR ELKS Camp(s). **NB** Please do not send cash. Cheques should be made payable to the University of Ulster.

Signed: _____ (Parent/Guardian) Date: _____