

# COMMUNITY Festival of Sport



**Junior Elks Community  
Sports Camps**



**After Schools  
Sports Clubs**



**Summer  
Sports Camps**

**ULSTER SPORTS ACADEMY  
COMMUNITY FESTIVAL OF SPORT  
Summer 2010**

**WELCOME**

We are delighted to announce details of the Ulster Sports Academy's Summer Festival of Sport 2010 at the University of Ulster.

The Sports Academy is running and hosting a comprehensive range of sports camps and events across the Coleraine, Jordanstown and Magee campuses during the months of July and August.

**JUNIOR ELKS COMMUNITY SPORTS CAMPS and AFTER SCHOOL SPORTS CLUBS**

It is set to be a Summer of Fun, with our increasingly popular and exciting Junior Elks Community Sports Camps and after Schools Sports club held on all campuses. The Junior Elks programme offers young people the opportunity to take part in top quality sporting activities in a fun and safe environment with appropriately qualified coaches and leaders.

**SUMMER SPORTS CAMPS**

Summer Sports Camps on offer range from, soccer, trampolining, gymnastics, hockey, multi-skills, multi-sports, tennis, basketball, volleyball, athletics, and rugby.

There is something on offer for everyone as you will see inside, so get ready for a Summer Festival of Sport and lots of fun at the University of Ulster. See you there!

Stephen Street  
Sports Development Manager (Acting)

# **JUNIOR ELKS**

**COMMUNITY SPORTS CAMPS**

**SUMMER 2010**



# Coleraine campus

## JUNIOR ELKS SUMMER SPORTS CAMPS

Summer Camps - 10% discount to JUNIOR ELKS Members

CAMP	AGE	TIME	VENUE	START DATE	END DATE	COST Child 1	COST Child 2	
CS1	Multi Skills	4 - 7	10:00 – 15:00	Sports Hall	28 July	30 July	£37 (JE = £33.30)	£32 (JE = £28.80)
CS2	Multi Sports	8 – 12	10:00 – 15:00	Sports Hall	2 August	6 August	£65 (JE = £58.50)	£60 (JE = £54)
CS3	Soccer 1	5 - 8	10:00 – 15:00	Grass Pitches	4 August	6 August	£45 (JE = £40.50)	£40 (JE = £36)
CS4	Soccer 2	9 – 12	10:00 – 15:00	Grass Pitches	9 August	13 August	£75 (JE = £67.50)	£70 (JE = £63)
CS5	Soccer 3	13 – 16	10:00 – 15:00	Grass Pitches	16 August	20 August	£75 (JE = £67.50)	£70 (JE = £63)
CS6	Hockey	7 – 15	10:00 -15:00	Synthetic Pitches	2 August	6 August	£65 (JE = £58.50)	£60 (JE = £54)
CS7	Hockey	7 – 15	10:00 -15:00	Synthetic Pitches	16 August	20 August	£65 (JE = £58.50)	£60 (JE = £54)

## JUNIOR ELKS AND \*OWLS DISABILITY SPORTS CAMPS

SPORT ACTIVITY	AGE	TIME	VENUE	START DATE	END DATE	COST
Disability Multi Sports - (2 weeks)  Week 1 - RDA Week 2 - University of Ulster, Coleraine	7-19	10:30 -13:00	*RDA Coleraine & University of Ulster, Coleraine	18 August & 25 August	20 August & 27 August	£40 for 2 weeks

\*This programme will be run in partnership with the Riding for the Disabled Association. Activities will include Archery, indoor golf, horse riding and much more.

## JUNIOR ELKS AFTER SCHOOLS CLUBS & COURSES

DAY	SPORT ACTIVITY	AGE	TIME	VENUE	START DATE	END DATE	COST
Monday	Multi Skills	5 – 7	16:00 –17:00	Minor Hall	24 May	21 June	£12
Monday	Disability Multi Sports	6 – 12	16:00 –17:00	Main Hall	24 May	21 June	£12
Thursday	Athletics	6 - 12	16:00 –17:00	Main Hall	27 May	24 June	£12
Saturday	Hockey Pitch	7 – 12	10:00 –11:30	Synthetic	17 April	19 June	£20

NOTE: Must be a JUNIOR ELKS Member to register on the above After Schools Club.

# Jordanstown campus

## JUNIOR ELKS SUMMER SPORTS CAMPS

Summer Camps - 10% discount to JUNIOR ELKS Members

CAMP	AGE	TIME	START DATE	END DATE	COST Child 1	COST Child 2	
JS1	Multi Skills	5 - 11	10:00 – 15:00	2 August	4 August	£37 (JE = £33.30)	£32 (JE = £28.80)
JS2	Multi Sport	7 - 11	10:00 – 15:00	9 August	13 August	£65 (JE = £58.50)	£60 (JE = £54)
JS3	Startrack Athletics	5 - 11	10:00 – 15:00	26 July	30 July	£65 (JE = £58.50)	£60 (JE = £54)
JS4	Hockey 1	7 - 15	10:00 – 15:00	26 July	30 July	£65 (JE = £58.50)	£60 (JE = £54)
JS5	Hockey 2	7 - 15	10:00 – 15:00	16 August	20 August	£65 (JE = £58.50)	£60 (JE = £54)
JS6	Volleyball	8 - 12	10:00 – 15:00	26 July	27 July	£25 (JE = £22.50)	£20 (JE = £18)
JS7	Gymnastics & Trampolineing	5- 10	10:00 – 15:00	5 July	9 July	£65 (JE = £58.50)	£60 (JE = £54)
JS8	Gymnastics & Trampolineing	5 - 10	10:00 – 15:00	26 July	30 July	£65 (JE = £58.50)	£60 (JE = £54)
JS9	Totally Tennis *	6- 14	09:30 –12:30	26 July	30 July	£45 (JE = £40.50)	£40 (JE = £36)
JS10	Totally Tennis*	6 - 14	09:30 –12:30	2 August	6 August	£45 (JE = £40.50)	£40 (JE = £36)
JS11	Totally Tennis *	6 - 14	09:30 –12:30	9 August	13 August	£45 (JE = £40.50)	£40 (JE = £36)
JS12	Totally Tennis *	6 - 14	14:00 – 17:00	23 August	27 August	£45 (JE = £40.50)	£40 (JE = £36)
JS13	Tennis & Multi Sports*	6 - 14	14:00 – 17:00	5 July	9 July	£45 (JE = £40.50)	£40 (JE = £36)
JS14	Tennis & Multi Sports*	6 - 14	14:00 – 17:00	16 August	20 August	£45 (JE = £40.50)	£40 (JE = £36)
JS15	Basketball 1	5 – 16	10:00 – 15:00	5 July	9 July	£65 (JE = £58.50)	£60 (JE = £54)
JS16	Basketball 2	5 - 16	10:00 – 15:00	2 August	6 August	£65 (JE = £58.50)	£60 (JE = £54)

\* These courses are being run by Jordanstown Tennis Club and participants will not receive a camp T-shirt and goodies as part of the camp fee. The JUNIOR ELKS discount only applies to bookings made via the University on these courses.

## JUNIOR ELKS AFTER SCHOOLS CLUBS & COURSES

DAY	SPORT ACTIVITY	AGE	TIME	VENUE	START DATE	END DATE	COST
Wednesday	Tennis	7-11	16:00 – 17:00	Tennis Courts	19 May	16 June	£12
Wednesday	Soccer	6-8	16:00 – 17:00	3G	19 May	16 June	£12
Tuesday	Fencing	8-12	16:00 – 17:00	Gymnasium	18 May	22 June	£12
Thursday	Athletics	5-11	16:00 – 17:00	Indoor Track	20 May	17 June	£12
Tuesday	Multi Skills	5-7	16:00 – 17:00	Sports Hall 2	18 May	15 June	£12
Thursday	Basketball	5-10	16:00 – 17:00	Sports Hall 1	20 May	17 June	£12

NOTE: Must be a JUNIOR ELKS Member to register on the above After Schools Club.

## Magee campus

### JUNIOR ELKS SUMMER SPORTS CAMPS

Summer Camps - 10% discount to JUNIOR ELKS Members

SPORT ACTIVITY	AGE	TIME	VENUE	START DATE	END DATE	COST Child 1	COST Child 2
Multi Skills	5 - 10	10:00 – 15:00	Sports Hall	9 August	11 August	£35 (JE=£31.50)	£30 (JE=£27)
Hockey	7 - 15	10:00 – 15:00	3G Pitch	9 August	13 August	£65 (JE= £58.50)	£60 (JE= £54.00)

### JUNIOR ELKS AFTER SCHOOLS CLUBS & COURSES

DAY	SPORT ACTIVITY	AGE	TIME	START DATE	END DATE	COST	NO. OF WEEKS
Monday	GAA	5 - 10	16:00 – 17:00	24 May	21 June	£12 & Membership	5
Tuesday	Multi Skills	4 - 8	16:00 – 17:00	25 May	22 June	£12 & Membership	5
Thursday	Multi Sports	5 - 10	16:00 – 17:00	27 May	24 June	£12 & Membership	5
Saturday	Rugby	5 - 12	10:00 – 11:30	22 May	26 June	£15 & Membership	6

NOTE: Must be a JUNIOR ELKS Member to register on the above After Schools Club.

# Junior Elks Application Form

Please complete one form per child. NOTE: TO RECEIVE THE 2nd CHILD DISCOUNT THE CHILD MUST BE A SIBLING (BROTHER OR SISTER)

\_\_\_\_\_ (child's name)

Would like to join the JUNIOR ELKS after schools club and encloses the annual membership fee of £10.  (membership year is from 1 September 2009 – 31 August 2010)

Sport / Activity Applying For	Membership No. (If Applies)	Start Date	Cost
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
Sub Total			_____
Total Including Annual Membership Fee			_____

JUNIOR ELKS Summer Sports Camps are open to boys and girls. All courses will be filled on a first come first served basis so apply early to avoid disappointment.

Home Address \_\_\_\_\_

\_\_\_\_\_

Post Code: \_\_\_\_\_

Email: \_\_\_\_\_

Home Tel: \_\_\_\_\_ Mobile: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

School: \_\_\_\_\_

Date Of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Please give the names & contact telephone numbers of two people who may be contacted in case of an emergency:

Name: \_\_\_\_\_ Name: \_\_\_\_\_

Tel No: \_\_\_\_\_ (H) Tel No: \_\_\_\_\_ (H)

Tel No: \_\_\_\_\_ (M) Tel No: \_\_\_\_\_ (M)

**Official Office Use only**

Amount Paid \_\_\_\_\_ Receipt No \_\_\_\_\_ Date \_\_\_\_\_



I give permission for \_\_\_\_\_ (**insert name**) to take part in the JUNIOR ELKS Summer Sports Camps and After Schools Clubs identified overleaf.. I know of no reason, medical or otherwise why s/he should not undertake the sports and activities involved. I have completed the medical details below and consent that in the event of any illness/accident, any necessary treatment can be administered to my child, which may include the use of anaesthetics. I understand that every possible effort will be made to contact me first. I also understand that while coaches and staff will take every precaution to ensure that accidents do not happen, they cannot necessarily be held responsible for any loss, damage or injury suffered by my child. I am willing to let my child participate in any official media coverage required.

I have enclosed £ \_\_\_\_\_ to cover the cost of the specified course(s) fees. NB Please do not send cash. Cheques should be made payable to the University of Ulster.

**Signed :** \_\_\_\_\_ (Parent/Guardian) **Date:** \_\_\_\_\_

**MEDICAL DETAILS** (Please complete as appropriate)

**Doctor's Name:** Dr \_\_\_\_\_ **Telephone:** \_\_\_\_\_

**Has your child had a tetanus injection in the last 10 years?** Yes / No

In your child's interest it is important that we know whether s/he suffers from any illness or medical condition. Please use the following space to state, in confidence, any health or other matters concerning your child about which we should be aware e.g. allergies. Please also indicate if your child is receiving any medication, with details and dosage and any specific dietary requirements.

---

**JUNIOR ELKS Summer Sports Camps - Marketing**

Please tell us how / where you heard about the JUNIOR ELKS Summer Sports Camps:

Direct Mail  Local Press

Friend / Family Member  University Web Site

Other (Please specify)

**Completed application forms should be returned with the appropriate payment to the campus at which you will be attending:**

**COLERAINE**

Gary Wallace  
Sports Development Officer  
University of Ulster  
Sports Centre  
Coleraine campus  
Cromore Road  
Coleraine, BT52 1SA  
Tel: (028) 70323263

**JORDANSTOWN**

Lisa Rickett  
Sports Development Assistant  
University of Ulster  
Sports Centre  
Jordanstown campus  
Shore Road  
Newtownabbey, BT37 0QB  
Tel: (028) 90368714

**MAGEE**

John Laverty  
Activity Officer  
University of Ulster  
Sports Centre  
Magee campus  
Northland Road  
Londonderry, BT48 7JL  
Tel: (028) 71375424

Email: [sport@ulster.ac.uk](mailto:sport@ulster.ac.uk) quote: '**Junior Elks Summer Festival**-followed by **campus name**'



# SUMMER CAMPS



# Coleraine campus

The Coleraine campus is also hosting . . .

\*\* see individual booking information for each event

## North West Orienteering Club Taster Sessions

DATES	TIME	VENUE
Thursday 13 May	19:00 Start	University of Ulster Coleraine Sports Centre
Thursday 20 May	19:00 Start	University of Ulster Coleraine Sports Centre
Thursday 27 May	19:00 Start	University of Ulster Coleraine Sports Centre

**Enquiries and Bookings Contact: [www.nwoc.info](http://www.nwoc.info)**

## Causeway Coast Adventure Racers Adventure Race

DATES	TIME	VENUE
Saturday 29 May	10:00 Start	University of Ulster Coleraine Sports Centre

**Enquiries and Bookings Contact: [www.causewaycoastar.co.uk](http://www.causewaycoastar.co.uk)**

## Tennis Coaching Course

DATES	TIME	AGE	VENUE
5 – 9 July	14:00 – 16:00	5-12	University of Ulster Coleraine Sports Centre
19 – 23 July	14:00 – 16:00	5-12	University of Ulster Coleraine Sports Centre
16 – 20 August	14:00 – 16:00	5-12	University of Ulster Coleraine Sports Centre

**Enquiries and Bookings Contact: Paul Logan Tel: 07845316855**

## Tennis Fundamentals

DATES	TIME	VENUE	COST
26 – 30 July	14:00 – 17:00	University of Ulster Coleraine Sports Centre	£48

**Enquiries and bookings: [www.tennisfundamentals.com](http://www.tennisfundamentals.com)**

## UKCA Cheerleading Summer Camp

DATES	TIME	AGE	VENUE	COST
14 – 16 July	10:00 – 16:00	6 – 21yrs	University of Ulster Coleraine Sports Centre	£115

**Enquiries and Bookings Contact: [www.cheerleadingni.com](http://www.cheerleadingni.com)**

## SPAR 10K Run

DATES	VENUE	COST
14 July	University of Ulster Coleraine Sports Centre	Pre Entries £10 for registered runners £12 for non registered runners Entries on the night £15

**Enquiries and Bookings Contact: [www.spar10kseries.com](http://www.spar10kseries.com)**

## ‘Sport for Life’ - University of Ulster Outreach Programme

DATES	TIME	AGE	VENUE
8 June	10:00 – 15:00	Primary 5	University of Ulster Coleraine Sports Centre

## New Horizon

DATES	FUTHER INFORMATION
17 – 23 July	<a href="http://www.newhorizon.org.uk">www.newhorizon.org.uk</a>

## Northern Ireland Milk Cup

DATES	FUTHER INFORMATION
26 – 30 July	<a href="http://www.nimilkcup.org">www.nimilkcup.org</a>

COMING UP.....

## COLERAINE SPORTS CENTRE - WHATS ON AUTUMN 2010

More JUNIOR ELKS Sessions and Spooktacular camps Halloween 2010  
Keep an eye out for the new JUNIOR ELKS after schools sessions during September/October and Halloween camps that will run on October 28 and 29 2010.  
(Details will be released in August 2010)

# Jordanstown campus

The Jordanstown campus is also hosting . . .

\*\* see individual booking information for each event

## I.F.A SOCCER Fun Week

DATES	TIME	AGE	VENUE	COST
16 - 20 August	10:30 – 13:00	6 – 12yrs	University of Ulster Jordanstown Sports Centre	£35

**Enquiries and Bookings Contact:** Email: [slivingstone@irishfa.com](mailto:slivingstone@irishfa.com)  
Phone: 07894614306

## MANCHESTER UNITED SOCCER SCHOOL

DATES	TIME	AGE	VENUE	COST
21 – 22 August	9:30 – 15:30	6 – 16yrs	University of Ulster Jordanstown Sports Centre	£67.95 per child

**Enquiries and Bookings Contact:** [www.manutdsoccerschools.com](http://www.manutdsoccerschools.com)

## SPECIALIST GOALKEEPING RESIDENTIAL CAMP

DATES	TIME	AGE	VENUE	COST
9 – 12 August	TBC	TBC	University of Ulster Jordanstown Sports Centre	£325 per child

**Enquiries and Bookings Contact:** Safehand's – Rodney Dalzell  
Email: [safehandsgk@gmail.com](mailto:safehandsgk@gmail.com)  
Phone: 07907436146

## CHEERLEADING SUMMER CAMP

DATES	TIME	AGE	VENUE	COST
21 – 23 July	10:00 – 16:00	6yrs – 21yrs	University of Ulster Jordanstown Sports Centre	£115

**Enquiries and Bookings Contact:** [www.cheerleadingni.com](http://www.cheerleadingni.com)

## ULSTER RUGBY SUMMER CAMP

DATES	TIME	AGE	VENUE	COST
9 – 13 August	10:00 – 14:30	13 – 17yrs	University of Ulster Jordanstown Sports Centre	£85

**Enquiries and Bookings Contact:** [www.ulsterrugby.com](http://www.ulsterrugby.com)  
Email: [rugbydevelopment@ulsterrugby.com](mailto:rugbydevelopment@ulsterrugby.com)  
Phone: 028 90493111 Ext 239

## COMPUTING & ENGINEERING/SPORTS ACADEMY SUMMER CAMP

- An exciting mix of academic and sporting activities

DATES	TIME	AGE	VENUE	COST
26 – 30 July	9:00 – 17:00	14 – 16 yrs	University of Ulster Jordanstown campus	£100

**Enquiries and Bookings Contact:** Email: [ba.hunter@ulster.ac.uk](mailto:ba.hunter@ulster.ac.uk)  
Phone: 028 90368020

COMING UP.....

## JORDANSTOWN SPORTS CENTRE - WHATS ON AUTUMN 2010

More JUNIOR ELKS Sessions and Spooktacular camps Halloween 2010  
Keep an eye out for the new JUNIOR ELKS after school sessions during  
September/October as well as the Halloween camps that will run on  
October 28 and 29 2010. (Details will be released in August 2010)

# Magee campus

## The Magee campus is also hosting . . . .

\*\* see individual booking information for each event

### KOOL KATS SUMMER KAMP

DATES	WEEK	TIME	COST
5 – 8 July	WEEK 1	9:30 - 15:30	£60 first Child, £55 additional children £50 University Staff /Sports Centre Members
12 – 15 July	WEEK 2	9:30 - 15:30	£60 first Child, £55 additional children £50 University Staff /Sports Centre Members
19 – 22 July	WEEK 3	9:30 - 15:30	£60 first Child, £55 additional children £50 University Staff /Sports Centre Members
26-29 July	WEEK 4	9:30 - 15:30	£60 first Child, £55 additional children £50 University Staff /Sports Centre Members
2 – 5 August	WEEK 5	9:30 - 15:30	£60 first Child, £55 additional children £50 University Staff /Sports Centre Members

**Enquiries and Bookings Contact:** Magee Sports Centre on (028) 71375424

### MANCHESTER UNITED SOCCER SCHOOL - Magee 3G

DATES	TIME	AGE	VENUE	COST
23 & 24 August	9:30 – 15:30	6 - 16	University of Ulster Magee 3G Pitch Duncreggan Pavilion	£67.95 per child

**Enquiries and Bookings Contact:** [www.manutdsoccerschools.com](http://www.manutdsoccerschools.com)

### GALAXY TRAMPOLINE CAMP

DATES	TIME	AGE	VENUE	COST
16 – 20 August	9:30 - 15:30	7 - 16	University of Ulster Magee Sports Centre	£75.00 non club members £65 club members

**Enquiries and Bookings Contact:** Aoibheann Carlin, Tel 07970205307  
[galaxygtc@live.co.uk](mailto:galaxygtc@live.co.uk)

## FUN RUGBY

DATES	TIME	AGE	VENUE	COST
22 May – 26 June	10:00 -11:30	5 - 12	University of Ulster Magee Sports Centre Grass Pitch	£15.00 per child

**Enquiries and Bookings Contact: Magee Sports Centre on (028) 71375424**

## SPORT & FITNESS 4 U

Magee Sports Centre has a comprehensive range of facilities, services and programmes that is open to the public.

### SPORT & FITNESS ACTIVITY

STUDIO CYCLING

(group or individual sessions available)

ACUPRESSURE & SPORTS MASSAGE

SOCCER SKILLS AND DEVELOPMENT

PERSONAL TRAINING

BIRTHDAY PARTIES

(Multi sports & Multi skills)

FACILITY BOOKINGS

3G, fitness suite, sports hall, grass pitch, studio.

**Enquiries and Bookings Contact: Magee Sports Centre on (028) 71375424**

COMING UP.....

## MAGEE SPORTS CENTRE - WHATS ON AUTUMN 2010

More JUNIOR ELKS Sessions and Spooktacular camps Halloween 2010  
Keep an eye out for the new JUNIOR ELKS after school sessions during  
September/October as well as the Halloween camps that will run on  
October 28 and 29 2010. (Details will be released in August 2010)

# University of Ulster Sports Facilities

OPEN TO THE PUBLIC

For further information about Sport at Ulster contact:  
[sport@ulster.ac.uk](mailto:sport@ulster.ac.uk)



SUMMER 2010  
COMMUNITY Festival of Sport

[www.sportsulster.com](http://www.sportsulster.com)